

Bike Route

27 miles | ~1,750 ft elevation gain | 5 Major Climbs



Start at Price Chopper & Finish at Boat Ramp



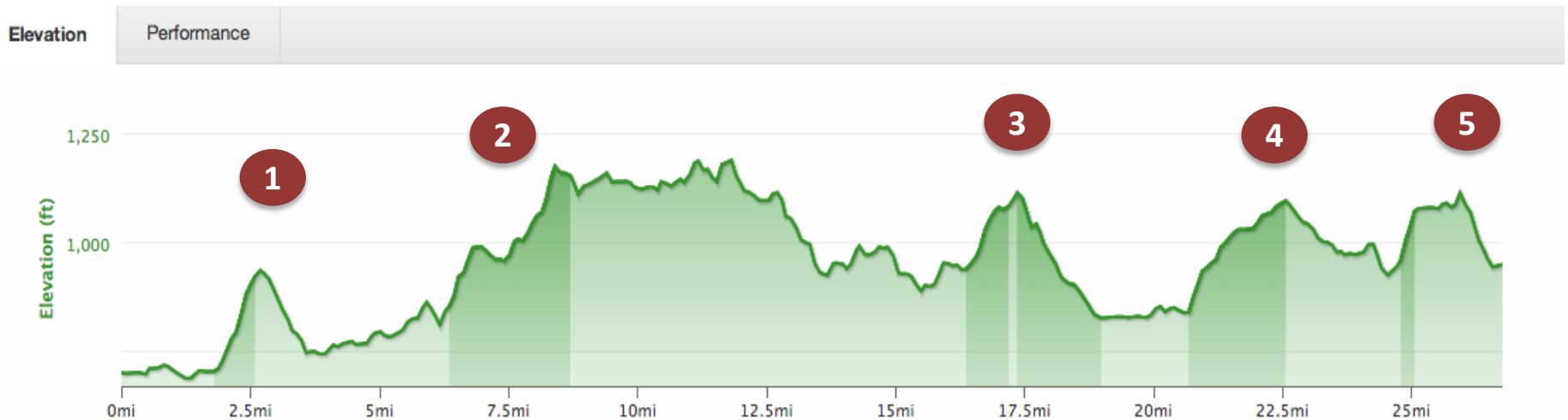
Directions:

Miles:

Start by heading South on Rte. 7	0.0
Left on Main St.	1.0
Right on St. James Pl / Taconic Ave.	1.7
Taconic Ave. becomes Alford Rd.	
Right onto East Rd.	6.0
East Rd. becomes East Alford Rd.	
Left onto West Center Rd.	10.0
Right onto Rte. 102	14.0
Right onto Rte. 102 / 41 through W. Stockbridge	15.3
Stay on Rte. 102 into Stockbridge	
Left onto Main St.	20.1
Left onto Pine St.	20.5
Left onto Prospect Hill Rd.	20.7
Turns into Mahkeenac Lake Rd. & Hawthorne Rd.	
Left onto Rte. 183 / Interlaken Rd.	25.9
Finish at boat ramp	27.0

Bike Route *cont'd...*

5 Major Climbs & Elevation Chart



1. **Taconic Hill-Simon's Rock** [0.7mi, 213 ft gain, 6% avg grade, 10.2% max grade]
2. **Alford Rollers (category 4)** [2.3mi, 364 ft gain, 3% avg grade, 10.1% max grade]
3. **102-W.S. Sportsman's Club** [0.8mi, 154 ft gain, 3% avg grade, 6.9% max grade]
4. **Prospect Hill (category 4)** [1.9mi, 264 ft gain, 3% avg grade, 7.1% max grade]
5. **Wheatleigh** [0.3mi, 121 ft gain, 8% avg grade, 9.9% max grade]